

UnitedHealthcare Postpones Remote Monitoring Coverage Changes

Digital Health

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UnitedHealthcare [will delay](#) planned restrictions on remote patient monitoring (RPM) coverage until later in 2026, following significant industry feedback and allowing time for further review.

Originally, UnitedHealthcare intended to implement the changes on January 1, 2026, limiting RPM reimbursement to chronic heart failure and hypertensive disorders during pregnancy. The policy would have applied across Medicare Advantage and commercial plans, excluding coverage for commonly monitored conditions such as type 2 diabetes, COPD, and general hypertension.

The insurer cited concerns about insufficient clinical evidence supporting RPM for most chronic conditions. However, advocates argue the policy disregards established data and could disrupt care for patients who rely on RPM for disease management.

Providers and digital health companies should monitor updates closely and consider engaging in advocacy efforts to preserve RPM access for chronic care populations. HLB can help organizations navigate payer policy changes and support advocacy efforts to maintain access to remote monitoring services.

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