

One-Third of U.S. Citizens Making Tough Choices to Afford Necessary Health Care

Health Equity

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A [study](#) by the West Health-Gallup Center on Healthcare in America released on March 12 found that as many as one-third of U.S. citizens – including many with six-figure incomes – are facing growing financial challenges with continuing to afford vital health care services. Rapid inflation in recent years, as well as looming loss of coverage due to Affordable Care Act (ACA) subsidies sunsetting and cuts in Medicaid, are all combining to create a cauldron of economic woes. A third of the individuals surveyed reported making at least one trade-off with daily living expenses, such as skipping meals and reducing utility usage, to pay for their health care.