

Nebraska and Maine Pass Laws Addressing Chatbots and Mental Health

Digital Health

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On April 14, Nebraska enacted [LB 525](#), the Conversational AI Safety Act, making it the fourth state this year to regulate the use of chatbots in health care. The law requires any conversational AI service to disclose to users that they are interacting with AI rather than a human, and prohibits the service from representing itself as designed to provide professional mental or behavioral health care. It also imposes a specific disclosure obligation when the user is a minor.

Maine has enacted [LD2082](#), legislation that prohibits any person from providing, advertising, or offering therapy or psychotherapy services to the public unless those services are delivered by a licensed professional. Both laws are part of a significant expansion of legislative interest in conversational AI platforms, particularly those with clinical or mental health functionality, that have followed the enactment of Illinois's [Wellness and Oversight for Psychological Resources Act](#) in August 2025, one of the first laws to explicitly prohibit the use of AI in mental health and therapeutic decision-making.